

Northern Breezes

Sailing School “School of the Year”

Northern Breezes Sailing School
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Minneapolis, MN 55427
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Gear List:

- Boat shoes, enclosed sandal (no black marking soles)
- Sailing gloves
- Rain jacket, rain pants, rubber boots [optional (look at Douglas Gill Shorties or West Marine)], hat, warm gloves
- Warm clothing for layering (long underwear, t-neck, sweater, wooly socks), fleece, Smart Wool
- Sunglasses (with lanyard), hat (with hat clip), sunscreen
- Sleeping bag, pillow
- Towel, toiletries (shower at marina)
- Beverages for yourself (coffee, tea, juice, milk)
- Optional items: Flashlight, navigation tools, handheld compass, GPS, seasick remedies. Some people prefer Trans-Derm Scope (prescription), swimsuit

Directions to Spirit Lake Marina, 121 Spring St., Duluth, MN 55808:

- From the Twin Cities, take Hwy 35 North to Duluth.
- Exit 246 for Midway Rd. (turn right or east on to Breck Road)
- Follow Breck Road to Hwy 23 or Grand Avenue, Turn left).
- Follow Hwy 23 to the outskirts of Duluth (about 3 miles).
- Turn right onto Spring St.
- Spirit Lake Marina is on the left down the hill.
- The combo to the head is: 123,123.

If you have any questions, please call the office at 763-542-9707, Thom's cell (612-597-7399), or your instructor.

Thank you,
Northern Breezes Sailing Staff