

Northern Breezes

Sailing School

1/17/2019

Docking Class Outline

1. Forces On Boat
 - a. Bow First
 - b. Backs Into Wind
2. Concepts
 - a. Pivot Point
 - b. Prop Walk – Right Handed Props (Most)
 - 1) Right or Starboard in Forward
 - 2) Left or Port in Reverse
 - c. Thrust/Prop Wash
 - 1) Where does the Prop's Water go?
3. Maneuvers
 - a. Spin Left
 - b. Spin Right
 - 1) Back and Fill
4. Lines
 - a. Bow/Stern/Breast
 - b. Spring Lines: Aft, Forward
 - c. Doubling Lines
 - d. Singling-Up
5. Line Handling Commands
 - a. Hold
 - b. Ease
 - c. Take-In Slack
 - d. Cast-Off/Release
6. Shifting Gears
 - a. "Forward-Neutral-Reverse"
 - b. "Reverse-Neutral-Forward"
 - c. Up is Forward
 - d. Down is Reverse

7. Backing Out of Slip
 - a. Angle is Critical
 - b. Partial Spins – Huge
 - c. Reverse to Forward – Vulnerable
8. Forward Into Slip
 - a. Key Dock Lines
 - b. Port Side vs Starboard Side to
9. Reverse Into Slip
 - a. Key Dock Lines
 - b. Port Side vs Starboard to
10. Pilings
 - a. Walking Around
 - b. Backing Around
11. **Safety**
 - a. **Hands, Feet, Legs**
 - b. **Leaping vs Stepping**
 - c. **Life Jackets**

3 Two Hour Sessions on Water

Reviews

Test Review

Test