

Northern Breezes *Sailing School*

“School of the Year”
“Gold Standard”

Northern Breezes Sailing School
3949 Winnetka Ave. North
Minneapolis, MN 55427
Phone: 763-542-9707
www.northernbreezessailing.com
Email: info@sailingbreezes.com

Gear List

- ASA Logbook (if you are taking an ASA certification class)
- Gloves (sailing gloves, bike gloves or other gloves with grip)
- Your own PFD, or there are ones at the dock
- Beverage to keep you hydrated
- Windbreaker
- Clothing (ability to layer)
- Shoes (non-marking)
- Sunglasses (with lanyard)
- Hat (with hat clip)
- Sunscreen

Directions to French Regional Park Sailing Docks

Directions:

From Interstate 494 (just north of Highway 55), take Rockford Road east (Rockford Road is also named Hwy 9 or 42nd Avenue,) 1/2 mile to French Regional Park entrance, which will be on your south or right side.

From Highway 169, exit west onto Rockford Road (Hwy 9 or 42nd Avenue). Proceed west 2 miles to French Regional Park entrance, which will be on your left or south side.

There are 3 options for parking at Medicine Lake; there are a few spots for any vehicle right by the lake, a larger parking lot halfway down the road to the beach, or the large lots by the visitor center. If both lower lots are full and you park by the visitor center there is a shuttle that can take you to the beach, or it is a ~15min walk down the path.

If you have any questions, please call our Sailing Office staff at (763) 542-9707.

If you get lost, please call your instructor.

Thank you,
Northern Breezes Sailing School

Captain Thom Burns

3949 Winnetka Avenue North, Minneapolis, MN 55427 (763) 542-9707